

Wetzel County Schools - Breakfast Menu

PLEASE KEEP FOR FUTURE REFERENCE

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
First Breakfast	Breakfast Pizza	Bagel w/ Cream Cheese Grapes	Cinnamon Roll	TacGo	Pancake on a Stick
Breakfast in the Classroom (PK-5)	Nutri-Grain Bar Cheese Banana	Bagel w/ Cream Cheese Grapes	Muffin Fruit Cup	TacGo Pineapple	Mini Loaf Sunbutter Apple Slices
Grab 'n Go (6-12)	Nutri-Grain Bar Cheese Banana	Bagel w/ Cream Cheese Grapes	Muffin Fruit Cup	TacGo Pineapple	Mini Loaf Sunbutter Apple Slices

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
First Breakfast	Sausage Gravy & Biscuits	Breakfast Combo Ham/Egg/Cheese	Sausage Biscuit	Breakfast Bagel	Sausage Pancake Wrap
Breakfast in the Classroom (PK-5)	Benefit Bar Fresh Fruit	Trix Breakfast Bar Cheese Fresh Fruit	Sausage Biscuit Fresh Fruit	Super Donut Sunbutter Apple Slices	Cinnamon Pop Tart Craisins Applesauce
Grab 'n Go (6-12)	Benefit Bar Fresh Fruit	Trix Breakfast Bar Cheese Fresh Fruit	Sausage Biscuit Fresh Fruit	Super Donut Sunbutter Apple Slices	Cinnamon Pop Tart Craisins Applesauce

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
First Breakfast	Breakfast Pizza	Variety of Cereal	Waffles	Breakfast Roll Cheese	Pancake on a Stick
Breakfast in the Classroom (PK-5)	Breakfast Bread Slice Fresh Fruit	Cheerios Breakfast Bar Yogurt Fresh Fruit	Mini-Waffles Orange	Breakfast Roll Cheese Fresh Fruit	Cinnamon Toast Crunch Bar Craisins Applesauce
Grab 'n Go (6-12)	Breakfast Bread Slice Fresh Fruit	Cheerios Breakfast Bar Yogurt Fresh Fruit	Mini-Waffles Orange	Breakfast Roll Cheese Fresh Fruit	Cinnamon Toast Crunch Bar Craisins Applesauce

All meals are served with fruit, juice, and milk.

Varities of milk could include skim, 1% white, fat-free chocolate, fat-free strawberry.

Wetzel County Schools is an equal opportunity provider and employer.

