



A Message from the Principal

Hello, everyone! Let me begin by congratulating our wonderful Music Department at Central! Our school was recognized recently by the Florida Music Educator's Association (FMEA) as a "Music Enrollment School!" Central's music participation rate this year is a whopping 64% of the student body, and this figure is the highest in Brevard County! It is also at top tier for the entire state! Only a few schools of choice, and/or the arts exceed Central's Music enrollment rate. Hats off to Mr. Dan Lee (Band), Mrs. Robin Morris (Orchestra), Mr. Brian Rorer (Chorus) and Mrs. Yvette LoPrete (Guitar) for all their hard work and dedication! All will be participating in annual MPA rehearsals and performances for ensemble ratings soon!

Best of luck to all of our performance groups! Gooooooooo Eagles!

Sydney Gardner, Emily Krzak, Brandi Gerber, Victoria Taylor, Carl Morris, Heidi Salmon, Caleb Edwards, Charleeanne Santiago, Ryan Rudd, Amir Beharovic and Ryleigh Cinco! *The CMS Student of the Week recognition is meant to highlight students who demonstrated outstanding leadership in the classroom, exemplary behavior and significant personal improvement over the past week. These students are recognized as excellent role models who are committed to our PBS motto of being respectful, responsible and safe.*



Upcoming Events

CMS Track Squad 2018

Scheduled Meets are **all at Home** this season!
Meets will begin promptly at 4pm and run until finished.



Feb 27th: **Stone & Hoover @ CMS**

Mar 1st: **Cocoa Beach & Johnson @ CMS**

Mar 6th: **Southwest @ CMS**

Mar 8th: **West Shore @ CMS**

Speak with Coach Hill, Coach Hall, or Coach Gent if you have questions.

➤ **Both 7th and 8th grade students will have FSA Writes on March 6th!**



Central Middle School

8thGrade GradVenture, May 11, 2018

/Cost: No more than \$95.00*

**Fundraisers will occur throughout the year to decrease the cost*



Student Recognition

Our Students of the Week are:

Marcanthony Carreon, Kaitlyn Browning, Gaele George, Trey Ulmer, Joao Leao, Tyler Cox, Natalia Sagolla, Jerry Merced, Jeanette Peterson, Erica Montgomery, Ana Vazquez, Savannah Gardner, Carlos Luna, Jonas Fantry, Makayla Tawney,

Palm Bay Magnet High School

Mu Alpha Theta

Will host the first annual

Pi Day Fun Run

March 10, 2018

At Palm Bay Magnet High School

8:00 am, Check in starts at 7:00 am

Register by February 9, 2018

<https://tinyurl.com/PiDayFunRun>

The Dean's Corner

Gentle reminders...

- **Please adhere to dress code**
- **Please keep phones off and out of sight**
- **Please get to class on time**
- **Please stay seated when you are in the cafeteria during lunches**

Student Spotlight: *Melissa Naters*

Extraordinary opportunities unveil themselves for students who keep their eyes open. Melissa Naters, an 8th grade student here at CMS, was fortunate enough to identify such an opportunity last year. Our Florida State Legislators offer a chance for students to experience the work of Law making up close and personal. She applied to the House Paige and Messenger Program in Tallahassee last year, but was too late. She decided to apply again this year and was granted the honor to attend in January, proving that perseverance has its rewards.

Over a period of 5 days, Melissa completed 40 hours of service as a Page for Randy Fine, who serves our community in South Brevard as the Florida House Representative for our Local District 53. She served Representative Fine on the House floor for two days as his Page.



“It was the best 5 days of school ever!” Said Naters

Melissa elaborated on her experience with a continuous smile on her face, “We were taken on tours, we sat together and conducted mock Committee meetings and sessions and debated over possible bills.” She continued to tell of the problem solving focus that challenged her and her peers. She was able hear both sides of a disputed issue. She could speak her mind without fear because she informed herself responsibly, and listened to the deliberation that perused each opinion exclaiming, “it’s not easy work!”



These students experienced a real world application of the civic education they receive in school that most adults never get to themselves. They became colleagues. They now share a group

chat as they continue to solidify the bonds they made in their time together.

Now more than ever we need a strong citizenship. Those who possess civic efficacy will lead our society in a responsible direction. Responding to the needs of the people and the great diversity that we celebrate.

Our Hope is that individuals like Melissa Naters continue to answer the call as we progress together as a society that places value in the hard work and reward mentality that built our Nation. Melissa was just accepted to the *Encore! Program* at Bayside High School where she will pursue music... and hopefully the law! Keep your eyes open Melissa. We are proud of you and look forward to the multitude of ways you will serve your community further.

For more information about the Florida House Page and Messenger Program or to download the application, please visit:

<http://www.myfloridahouse.gov/Sections/PublicGuide/PublicGuide.aspx>



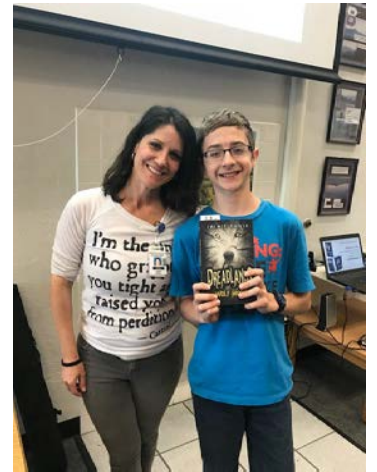
LOCAL AUTHOR SHARES POWERFUL MESSAGE WITH CENTRAL STUDENTS

In celebration of Literacy Week, local author Jaimie Engle visited our media center on Friday, January 26th. Ms. Engle had the opportunity to share her love of writing with our students. She has written and published several



books, including *Clifton Chase and the Arrow of Light*, and *Dreadlands*, both of which are available in our media center, and can also be purchased on Amazon.

Further, she shared an important message about anti-bullying. "My books are meant to empower, entertain and educate the next generation of leaders.



Remember, with #everykidsvoice we can #targetbullying to stop it!"

A couple of lucky students, John North and Harley Watkins were winners of autographed copies of her books.

Find out more about Jaimie Engle at <https://thewriteengle.com>.



NCTSN

The National Child
Traumatic Stress Network

Talking to Children about the Shooting

The recent shooting has evoked many emotions—sadness, grief, helplessness, anxiety, and anger. Children who are struggling with their thoughts and feelings about the stories and images of the shooting may turn to trusted adults for help and guidance.

Start the conversation. Talk about the shooting with your child. Not talking about it can make the event even more threatening in your child's mind. Silence suggests that what has occurred is too horrible even to speak about or that you do not know what has happened. With social media (e.g., Facebook, Twitter, text messages, newsbreaks on favorite radio and TV stations, and others), it is highly unlikely that children and teenagers have not heard about this. Chances are your child has heard about it, too.

- What does your child already know? Start by asking what your child/teen already has heard about the events from the media and from friends. Listen carefully; try to figure out what he or she knows or believes. As your child explains, listen for misinformation, misconceptions, and underlying fears or concerns. Understand that this information will change as more facts about the shooting are known.
- Gently correct inaccurate information. If your child/teen has inaccurate information or misconceptions, take time to provide the correct information in simple, clear, age-appropriate language.
- Encourage your child to ask questions, and answer those questions directly. Your child/teen

may have some difficult questions about the incident. For example, she may ask if it is possible that it could happen at your workplace; she is probably really asking whether it is "likely." The concern about re-occurrence will be an issue for caregivers and children/teens alike. While it is important to discuss the likelihood of this risk, she is also asking if she is safe. This may be a time to review plans your family has for keeping safe in the event of *any* crisis situation. Do give any information you have on the help and support the victims and their families are receiving. Like adults, children/teens are better able to cope with a difficult situation when they have the facts about it. Having question-and-answer talks gives your child ongoing support as he or she begins to cope with the range of emotions stirred up by this tragedy.

- Limit media exposure. Limit your child's exposure to media images and sounds of the shooting, and *do not allow your very young children to see or hear any TV/radio shooting-related messages*. Even if they appear to be engrossed in play, children often are aware of what you are watching on TV or listening to on the radio. What may not be upsetting to an adult may be very upsetting and confusing for a child. Limit your own exposure as well. Adults may become more distressed with nonstop exposure to media coverage of this shooting.
- Common reactions. Children/Teens may have reactions to this tragedy. In the immediate aftermath of the shooting, they may have more problems paying attention and concentrating. They may become more irritable or defiant. Children and even teens may have trouble separating from caregivers, wanting to stay at home or close by them. It's common for young people to feel anxious about what has happened, what may happen in the future, and how it will impact their lives. Children/Teens may think about this event, even when they try not to. Their sleep and appetite routines may change. In general, you should see these reactions lessen within a few weeks.
- Be a positive role model. Consider sharing your feelings about the events with your child/teen, but at a level they can understand. You may express sadness and empathy for the victims and their families. You may share some worry, but it is important to also share ideas for coping with difficult situations like this tragedy. When you speak of the quick response by law enforcement and medical personnel to help the victims (and the

heroic or generous efforts of ordinary citizens), you help your child/teen see that there can be good, even in the mist of such a horrific event.

- Be patient. In times of stress, children/teens may have trouble with their behavior, concentration, and attention. While they may not openly ask for your guidance or support, they will want it. Adolescents who are seeking increased independence may have difficulty expressing their needs. Both children and teens will need a little extra patience, care, and love. (Be patient with yourself, too!).

- Extra help. Should reactions continue or at any point interfere with your children's/teens' abilities to function or if you are worried, contact local mental health professionals who have expertise in trauma. Contact your family physician, pediatrician, or state mental health associations for referrals to such experts.

Talking to Children about the Shooting National Child Traumatic Stress Network www.NCTSN.org



***Serving Every Student with
Excellence as the Standard***



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